

King County

Department of
Natural Resources and Parks

Weyerhaeuser King County Aquatic Center

650 SW Campus Drive
Federal Way Washington 98023-8425

PUBLIC PROGRAMS

- Scheduled Recreational Swims

- Adult Lap Swims

- Senior Citizen Programs

- Swimming Lessons (Tots, Preschool, Youth, Adult)

- Water Exercise Programs

- American Red Cross Water Safety Courses

- Specialized Water Sports Training

- Competitive Team Programs

UPCOMING EVENTS

- Sept 24-25 Water Polo Invitational

- Oct 1 Kamiak High School Swimming Invitational

- Oct 22-23 Water Polo Champs

- Oct 28 Annual Huanan Pool, Community Activity Swims

- Oct 29-30 Water Polo Champs

- Nov 4-6 Wash. State Boys High School Water Polo Champs

- Nov 11-12 Washington State Girls Swim/Dive Champs


- Nov 13 Pacific Northwest Swimming Distance & Trials Meet

- Nov 19-20 Water Polo Champs

- Dec 1-4 University of Washington Husky Swimming Inv

- Dec 9-11 Pacific Northwest Swimming Championship

- Dec 17 Pacific Northwest Swimming Dequal Meet



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Parks and Recreation Division

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650 SW Campus Drive
Federal Way, WA 98023-8425
206-296-4444 TTY Relay: 711
www.metrokc.gov/parks

Fall Schedule

Sept 5 - Dec. 31, 2005

Seattle (206) 296-4444

Tacoma (253) 927-5173

Recreation Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am-9:00	Maintenance	Adult/Senior Lap Swim	Maintenance	Adult/Senior Lap Swim	Maintenance	Special Events and Activities	Special Events and Activities
9:00-10:00	Low Impact Exercise	Maintenance	Low Impact Exercise	Maintenance	Low Impact Exercise		
10:00-11:30	Lessons	Lessons	Lessons	Lessons	Maintenance		
11:30-12:30	Family Swim **	Family Swim **	Family Swim **	Family Swim **	Family Swim **	11:30-1:30 Public Swim *	11:30-1:30 Public Swim *
12:30-1:30	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	1:30- Rentals	1:30- Rentals
4:30-7:30	Lessons	Lessons	Lessons	Lessons	4:00-7:00 Rentals		
7:30-8:30	Public Swim *	Public Swim *	Public Swim *	Public Swim *	Public Swim *		

* Children younger than 6 years old must each be accompanied in the water by an adult who stays within arms reach
** During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)

SWIMMING LESSONS

Morning Sessions (1/2 hr, 10:00-11:30am, MW's or TTh's)

Evening Lessons (1/2 hr, 4:30-7:30pm, MW's or TTh's)

Monday & Wednesdays

Sept 7-Oct 5 (9 lessons)

Oct 10-Nov 9 (10 lessons)

Nov 14-Dec 14 (9 lessons, no classes Nov 23)

Tuesday & Thursdays

Sept 8-Oct 6 (9 lessons)

Oct 11-Nov 10 (10 lessons AM)

Oct 11-Nov 10 (9 lessons PM, no class Nov 10)

Nov 15-Dec 15 (9 lessons AM, no classes Nov 24)

Nov 15-Dec 15 (8 lessons PM, no classes Nov 24, Dec 1)

CANCELED SWIMS

Sept 3-5, Oct 28: 7:30pm-8:30pm (for Haunted Pool Event),
Nov 11-12, 24-27, Dec 24-25, Dec 31-Jan 1

TELEPHONE RELAY SERVICE: 711



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Competition Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:30am-8:00	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*
11:30-1:30	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*
4:00-6:30	Team Training	Team Training	Team Training	Team Training	Team Training
6:30-8:00	Team Training	Team Training	Team Training	Team Training	Team Training
6:30-10:00	Team Training	Team Training	Team Training	Team Training	Team Training

* To maximize use of the facility, team workouts are scheduled during some lap swim times. Lanes for lap swimmers may be limited. The competition pool is currently set at 25 yards and ranges in depth from 9 to 10.5 feet. Some lap swims will be in the dive tank which is 25 yards and ranges in depth from 16 to 17.5 feet. Lap swims are for lap swimming only. The starting blocks are closed to lap swimmers. Entries into the water shall be done in a careful, feet-first manner. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 25-yard swim test to be allowed to swim in the competition pool or dive tank.

CANCELED SWIMS:

Sept 24-25 11:30-1:30
Oct 1 11:30-1:30
Oct 22-23 11:30-1:30
Oct 29-30 11:30-1:30
Nov 4-6 all day
Nov 11-12 all day
Nov 13 11:30-1:30
Nov 19-20 11:30-1:30
Nov 24-27 all day
Dec 2-4 all day
Dec 9-11 all day
Dec 17 11:30-1:30
Dec 24-25 all day
Dec 31-Jan 1 all day

EVENTS:

Water Polo Invitational
Kamiak High School Swimming Invitational
Water Polo Championship
Water Polo Championship
Boy's State High School Water Polo Champs
WIAA/Dairy Farmers Girls State HS Swim/Dive Champs
Pacific Northwest Swimming Distance & Time Trials Meets
Water Polo Championship
Thanksgiving Holiday
University of Washington Husky Invitational
Pacific NW Swimming Championship
Pacific NW Swimming Dequal Meet
Christmas Holiday
New Years Holiday



King County

2005 POOL FEES

LESSONS

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

GENERAL ADMISSION (Tax Included)

Recreation Pool:		Competition Pool:	
Rec Pool Family Swim**		Comp Pool Lap Swim	\$5.00
All participants	\$3.25	Sr Citizen (62+) & People w/Disabilities	\$3.50
Public Swim*			
Children, Adults & Sr Citizens	\$3.25		
People w/ Disabilities	\$2.50		
Rec Pool Adult & Senior Lap Swim		Low Impact Water Exercise (Rec Pool)	
Adult	\$5.00	Adult	\$6.25 - 10-visit Card \$61.50
Sr Citizen (62+) & Disabled	\$3.50	Sr Citizen (62+)	\$4.75 - 10-visit Card \$42.00
Shower	\$3.25		

* Each child younger than 6 yrs old must each be accompanied in the water by an adult
** All children must be accompanied in the water by an adult during Family Swims (one adult per three children)

RENTALS

Great for birthday parties, private groups and business meetings. Scheduled during non-program hours.

Rec Pool, 1-25 people	\$95.00/hour	Party Room Rental	\$35.00/hour
Rec Pool, 26-60 people	\$126.00/hour	Lobby Rental	\$82.00/hour
			+ staffing & deposits

POOL PASSES

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

Type	3 Months	1 Year
Youth (1 year-17 years)	\$107.25 + tax	\$312.00 + tax
Adult	\$156.75 + tax	\$456.00 + tax
Family	\$275.00 + tax	\$624.00 + tax
Senior Citizen (62+)	\$107.50 + tax	\$273.00 + tax
Disabled	\$82.50 + tax	\$260.00 + tax

GIFTCERTIFICATES

Give the gift of health! Good for any programs.

TELEPHONE RELAY SERVICE: 711

